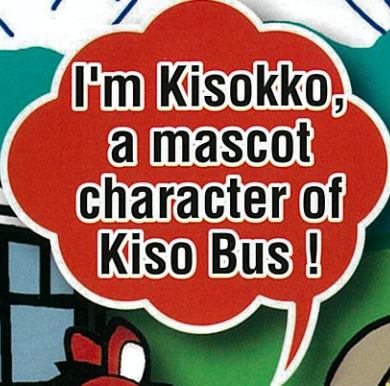




## March 28, 2022 Timetable Revision



**I'm Kisokko,  
a mascot  
character of  
Kiso Bus !**



*Bus timetable and information*  
**for tourists**  
**using the bus.**

Illustration : Yukitsubo



I want to ride a bus!



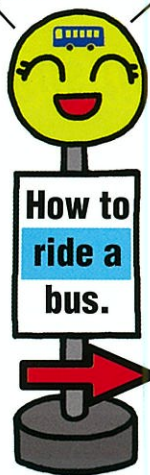
Then!

# Let's ride a bus!

I'll guide you!



Let's start!



## 1 Let's check before riding a bus.

- ① Route of the bus you ride (= Last stop)
- ② Name of the bus stop where you get off
- 100 yen coins are needed.

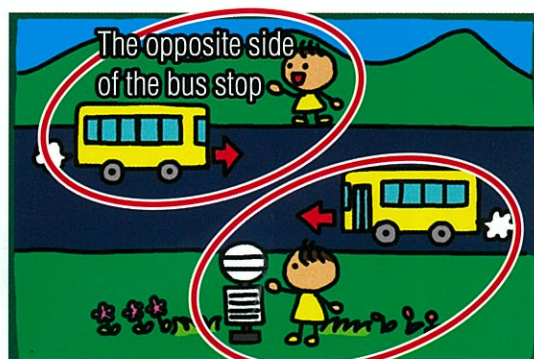
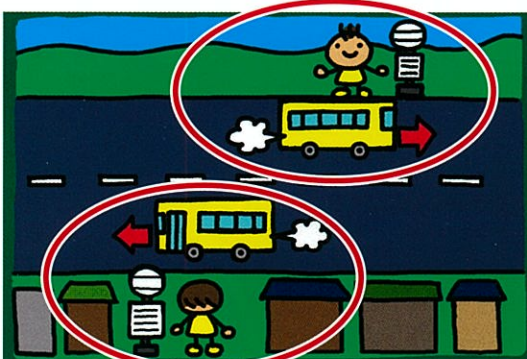
You can exchange 1000 yen bill in the bus.



## 2 Let's wait at the bus stop.

Please wait on the side of the road where the bus comes.

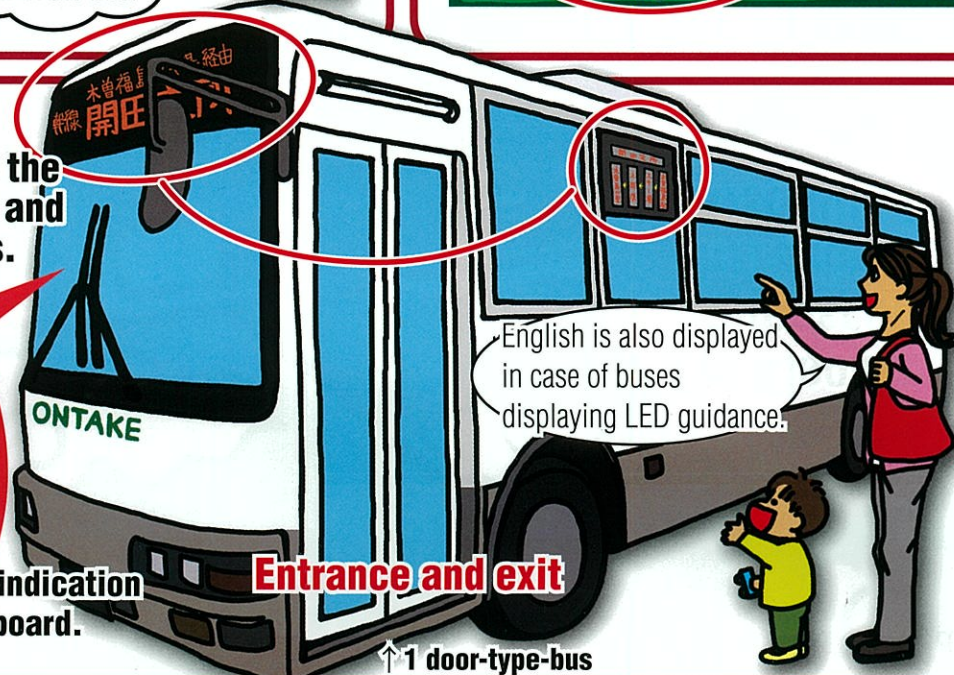
Some bus stops are only on one side of the road.



## 3

Let's check the destination and ride the bus.

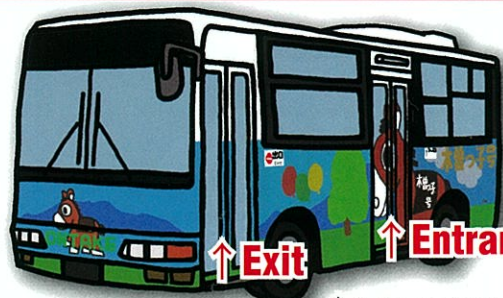
The route of the bus is displayed on LED guidance indication or a magnet signboard.



English is also displayed in case of buses displaying LED guidance.

Entrance and exit

↑ 1 door-type-bus



↑ 2 doors-type-bus

When riding a bus, please pay attention to the door.

When there are two doors, please enter the bus from the rear door, and exit from the front door.

You pay bus fare at the exit when you get off.

## 4

Let's sit down as much as possible for your safety.



Now, we got on a bus!

Yeah!

## 5

When the bus stop where you get off is announced, push a getting-off-button and notify a driver.

When you want to know the next bus stop name, let's ask "Tsugi wa dokodesuka?" to the driver.



The next stop is Kisoumanosato.

Boo

Oh, next is the bus stop to get off.

All right.

Here it is! Getting-off-button

Please push this button near your seat.



## 6

Please put the fare into the payment box and get off.

Please prepare 100 yen coins as much as possible. You can exchange only 1,000 yen bill in the change machine next to the farebox. \* 5,000 yen and 10,000 yen bills can't be exchanged in the bus.



Let's pay money and get off. Thank you very much!

"Arigatou gozaimashita!" (Thank you!)

Thank you!

Oops!

Be sure not to stand while the bus moving, as it's dangerous.

Let's enjoy the bus tours!



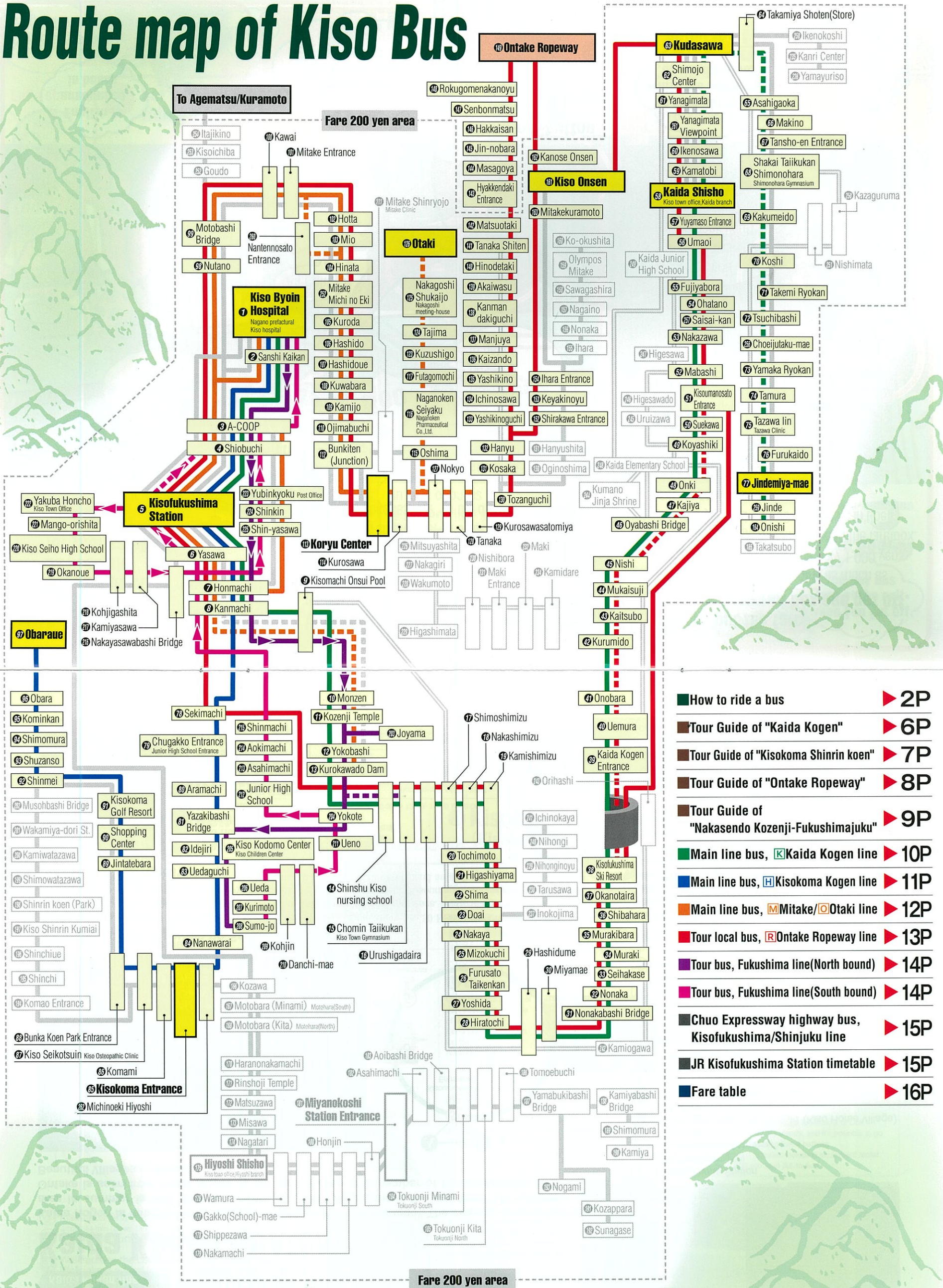
Illustration: Yukitsubo

Some buses have no English announcement.





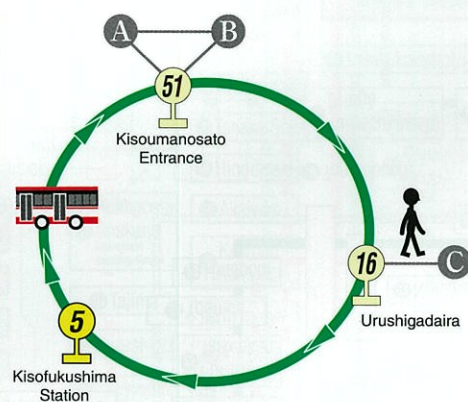
# Route map of Kiso Bus





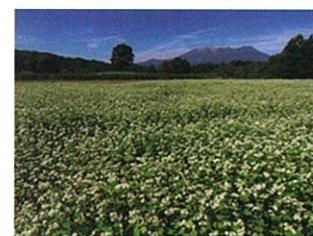
## Kaida Kogen (plateau)

Kaida Kogen is famous for its soba noodles and Kiso uma (horse). The average temperature of the area in summer is 18°C as it is located at 1,100-1,300m above the sea level. The grandeur of Mt. Ontake is seen from many places in the area. It also is a member of the association of 'The Most Beautiful Villages in Japan'.



### Course guide

- 5 Kisofukushima Station  
↓ ride 36 min. (Down Line)
- 51 Kisoumanosato Entrance  
↓ walk 16 min.
- A Kaida Kogen: Kisouma no Sato (Kiso Horse Village)  
↓ walk 17 min.
- B H.I.F: Highland Ice cream Factory  
↓ walk 1 min.
- 51 Kisoumanosato Entrance  
↓ ride 27 min. (Up Line)
- 16 Get off the Urushigadaira bus stop  
↓ walk 1 min.
- C Onsen: Sesaragi No Toki (Hot Springs)  
↓ walk 1 min.
- 16 Urushigadaira  
↓ ride 10 min. (Up Line)
- 5 Kisofukushima Station-mae



### A Kaida Kogen: Kisouma no Sato (Kiso Horse Village)

Kaida Kogen 'Kisouma no Sato' is a stable of Kiso Horse. In this stable, there are 30 Kiso Horses. It's open for public and you can touch them free. There are horse riding experience, draft riding, wagon tour. Even in winter, you can enjoy horseback riding in the snowfield. 'Kisouma no Sato' is a great stable with surrounding nature. It will be wonderful activity with nature and animals.



#### Kiso Horse

Kiso Horse is the native Japanese Horse. They are short but very strong horse. Their average height is 133cm and they are gentle and friendly.

- There are parking and restroom.
- Admission: Free.
- Time: 8:30 to 16:30

- Horse Riding: 10:00 to 12:00, 14:00 to 16:00

Draft Horse Riding	Short Course 140m	¥600
	Long Course 280m	¥1,100
Horse Riding	15min	¥2,200
Horse Trekking		¥3,200~



### B H.I.F: Highland Ice cream Factory

Kaida Highland Ice Cream Factory has a lot of delicious dairy products made from local food. Ice cream, cheese, butter, and yogurt are made of fresh milk made in Kaida Kogen. Factory's recommend are seasonal ice cream and ice-cream made from corn. The yogurt made from lactobacillus of Sunki is also special commodity. There is parking and restroom. Time: 10:00 to 16:30  
Closed on Tuesdays. Wednesdays from the 3rd week of Jan. to Feb.



### C Onsen: Sesaragi No Toki (Hot Springs)

Sesaragi No Toki is the hot spring facilities for day use. There are dining area, lounge and shop on site, and you can unwind here.  
\*Entry Fee: 700 yen/person, Closed on Wednesdays  
Open: 10:00 to 21:00 Wednesday is open when it falls on holiday

## Kisokoma Shinrin Koen (Kisokoma Forest Park)



### A Kiso Bunka Koen

If you get off a bus at the Bunka Koen Park Entrance and pass through the park which spreads in front of the facilities, you go to the Shinrin Koen. There, you can expect a magnificent figure of Kiso Mountains and at summer time, you can enjoy splashing in the brook in the park.

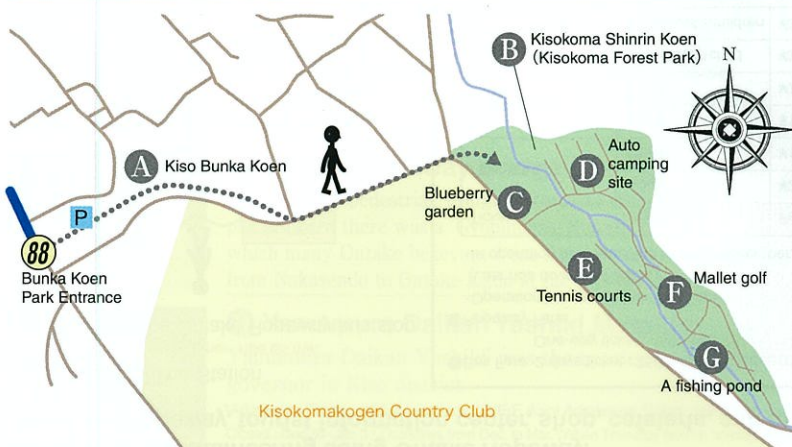


### B Kisokoma Shinrin Koen (Kisokoma Forest Park)

Kisokoma Shinrin Koen is in Kisokomakogen which lies at the base of Chuo Alps Kiso Komagatake, where gently rolling hills spread, and the altitude is 1,000 m. There are tennis courts, mallet golf, a barbecue house and a fishing pond, and there is also a season to enjoy blueberry picking.

#### The seasonal pleasure of Kisokoma Shinrin Koen

- Apr. & May.  
- Cherry blossoms, flowering peach trees
- Jun.  
- Fresh green, firefly watching
- Jul.  
- Catching beetle and stag beetle
- Oct.  
- Colored leaves



### C Blueberry garden

Open from the middle of Jun. through the middle of Jul.  
Berry picking: 200 yen for one cup  
Admission: Free



### D Auto camping site

1 Cabin (1 Rog house) for 8 people  
17,850 yen/night  
12,600 yen/day  
Tent site (1 Block) for 5 people  
2,625 yen/night  
1,575 yen/day  
Open: 9:00-17:00 from the end of Apr. to the end of Oct.

### E Tennis courts

Open from Apr. 29 to the end of Nov.  
All 6 courts. Among the mountain, you can enjoy tennis coolly even in the summer.  
One court 1,300 yen/hour + tax

### G A fishing pond

Open from the end of Apr. through the middle of Oct.  
Bait 300 yen (including tax)  
※ A bucket and a rod are rented for free of charge. Please buy all fish you caught (You can't release fish.)  
Trout: raw 315 yen, grilled 420 yen  
Char: raw 420 yen, grilled 525 yen (including tax)



### F Mallet golf

Open from the end of Apr. through the middle of Oct.  
There is a course inside the woods, and it's possible to go around a course while doing forest bathing.  
One game 600 yen (18 holes: including equipment rental charge) + tax 800 yen from Jul. to Aug.



- 5 Kisofukushima Station  
↓ ride 14 min. (Down Line)
- 88 Get off the Bunka Koen Park Entrance  
↓ walk 10 min.
- A Walk across the courtyard of Kiso Bunka Koen  
Walk along a road leading to Kisokoma Shinrin Koen
- B Kisokoma Shinrin Koen (Kisokoma Forest Park)



Jumbo slide

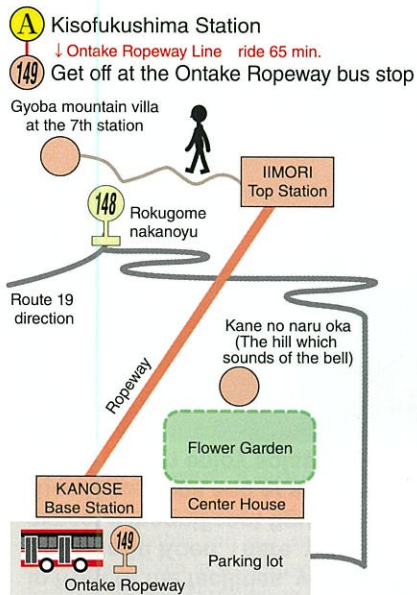
Fort of adventure (square &amp; athletic)

Grilled fish



# Ontake Ropeway (Ontake Cable Car)

Mt. Ontake is a sacred 3,067m tall mountain. You can enjoy a range of activities, such as hiking and mountaineering using Ontake Ropeway. There are Ropeway, tourist information center, shop, cafeteria, and promenade.



The Kaida route has been newly added from this year. Please take it. See page 13 for details.



- Bus Fare 2 days ticket : 2500 yen  
One-way ticket : 1500 yen
- Ropeway Fare
  - Operation Hours: 8:30am - 4:15pm (Last ride down at 4:30pm)
  - In operation from late May to early November.

Ticket	Adult/Child	Fare
Round-trip	Adult	¥2,600
	Child	¥1,300
One-way	Adult	¥1,400
	Child	¥700
Adult & Child Value Package	A: 1adult&1child	¥3,250
	B: 1adult&2children	¥3,900

※Elementary & junior high school students are children fee. Preschool children are free.



**D Ninoike Lake**  
Lake at the Highest Altitude in Japan

## A Welcome to an alpine cafe above the clouds!

Enjoy fine foods and breathtaking views in the restaurant at the top of mountain.

- Restaurant Top of Mountain: SIEBEN 9:00 ~ 15:00
- Restaurant Base of Mountain: VERNAL 9:00 ~ 15:00



## B Sacred Mountain of Ontake

Historical power spot known as one of Japan's 100 most beautiful mountains.



## C Spiritual Spot: Spiritual Stone Monuments at Mt. Ontake

Mt. Ontake is considered to be a sacred mountain even in today's modern world. Along the mountain path are more than 20,000 spiritual stone monuments, some of which are as tall as 6 meters.



## E Sannoike Lake

Deepest Alpine Lake in Japan

## F Maboroshi no Taki Waterfall

Waterfall at Highest Altitude in Japan

# Nakasendo Kisoji-Fukushimajuku

Fukushima-juku was one of post towns on Nakasendo. It is 37th post town. There was Sekisho, the checking point. The Sekisho was considered as one of four major Sekisho. Houses built along the Kiso River still have the characteristic style of that era. This place also has been home for Japanese sake makers because you can get fresh water from surrounding high mountains.



## A Uenodan, historical townscape

'Fukushima-juku Uenodan' is an area lined with traditional buildings. There are many traditional houses which remain since Edo period. Some of the remaining Edo style houses are used as the restaurants.



## B Public Foot Bath at Kiso River Waterfront Park

It is a free hot spring footbath facility, and available to all. Soak up your feet and enjoy a relaxing moment with the view.



## C Gyonin Walkway Bridge

It's a wooden pedestrian bridge restored to the original place, where there was a "Gyoninbashi"(Gyonin Bridge) which many Ontake believers went through as an entrance from Nakasendo to Ontake kaido in the Edo period.



## D Yamamura Daikan Yashiki Museum

'Yamamura Daikan Yashiki' was the residence of Yamamura clan, local governor in Kiso district.

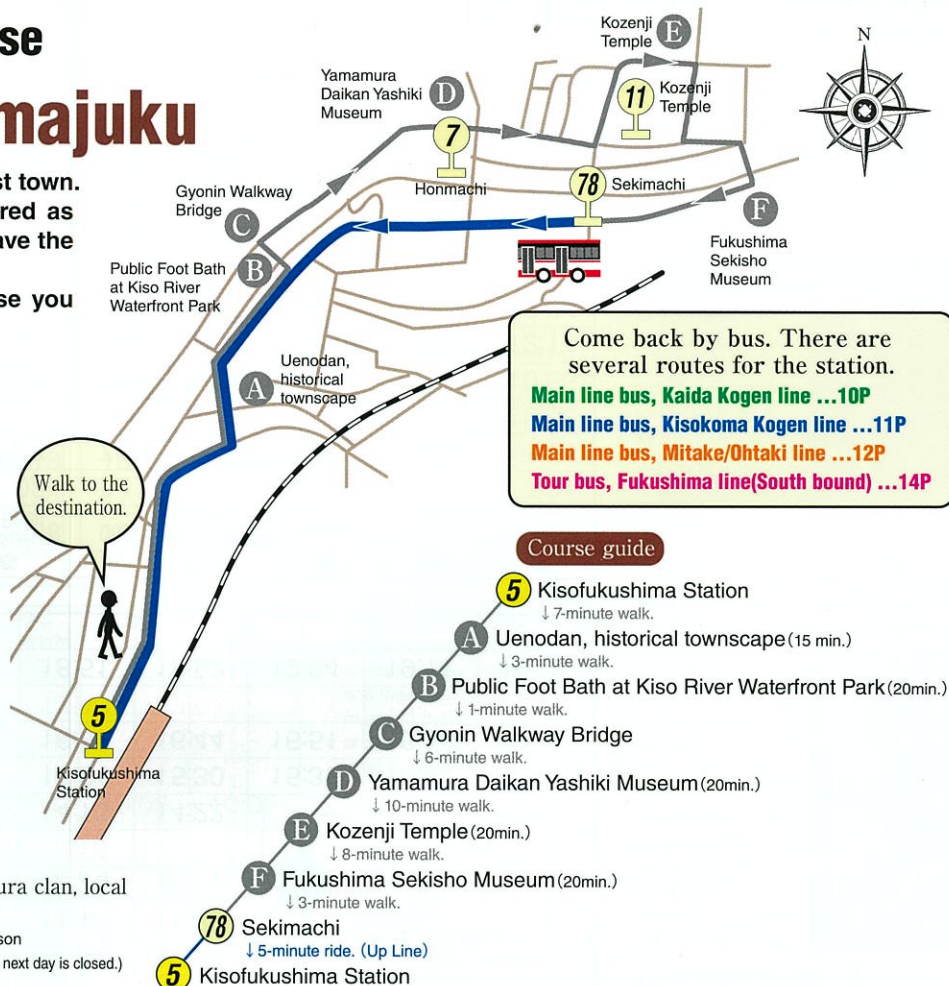
\*Admission Ticket : 300 yen/person \*D/E/F Joint Admission Ticket : 900 yen/person  
Closed : Dec.30~Jan.3 / Thursdays from Dec. to Mar. (When Thursday falls on holiday, the next day is closed.)



## E Kozenji Temple

It is one of the three renowned temples of Kiso. 'Kanuntei garden' in front of the main temple building is the largest Karesansui-style(dry landscape)garden in the Orient, and is designed based upon the theme of the beauty of a sea of clouds.

\*Admission Ticket : 500 yen/person (Homotsu-den is closed during winter season.)  
\*D/E/F Joint Admission Ticket : 900 yen/person



Come back by bus. There are several routes for the station.

- Main line bus, Kaida Kogen line ...10P
- Main line bus, Kisokoma Kogen line ...11P
- Main line bus, Mitake/Ohtaki line ...12P
- Tour bus, Fukushima line(South bound) ...14P

## Course guide

- 5 Kiso Fukushima Station  
↓ 7-minute walk.
- A Uenodan, historical townscape(15 min.)  
↓ 3-minute walk.
- B Public Foot Bath at Kiso River Waterfront Park(20min.)  
↓ 1-minute walk.
- C Gyonin Walkway Bridge  
↓ 6-minute walk.
- D Yamamura Daikan Yashiki Museum(20min.)  
↓ 10-minute walk.
- E Kozenji Temple(20min.)  
↓ 8-minute walk.
- F Fukushima Sekisho Museum(20min.)  
↓ 3-minute walk.
- 78 Sekimachi  
↓ 5-minute ride. (Up Line)
- 5 Kiso Fukushima Station



## F Fukushima Sekisho Museum

'Fukushima Sekisho' used to be one of the four important checkpoints, and its main role was to keep an eye on the travelers during the Edo Period. It is now reconstructed as a museum.

\*Admission Ticket : 300 yen/person \*D/E/F Joint Admission Ticket : 900 yen/person  
Closed : Dec.30~Jan.3 / Tuesdays from Dec. to Mar. (When Tuesday falls on holiday, the next day is closed.)



Main line bus



Kaida Kogen line

Fare 200 yen

※ Black: Run everyday. Red: No service on Sat, Sun, and Holidays. On year-end and new year(from December 29 to January 3), run by the timetable of only black.

Out bound	1 Kiso Byoin Hospital <small>Nagano prefectural Kiso hospital</small>	5 Kisofukushima Station	7 Honmachi	18 Kurokawado Dam	28 Doai	38 Kisofukushima Ski Resort	41 Onobara	51 Kisoumanosato Entrance	58 Kaida Shisho <small>Kiso town office, Kaida branch</small>	68 Kudasawa	70 Koshi	77 Jindemiya-mae
1	7:43	7:47	7:50	7:53	8:00	8:10	8:15	8:23	8:29	8:36	8:43	8:47
2	9:18	9:22	9:25	9:28	9:35	9:45	9:50	9:58	10:04			
3	10:36	10:40	10:43	10:46	10:53	11:03	11:08	11:16	11:22			
4	11:46	11:50	11:53	11:56	12:03	12:13	12:18	12:26	12:32			
5	12:36	12:40	12:43	12:46	12:53	13:03	13:08	13:16	13:22			
6	13:36	13:40	13:43	13:46	13:53	14:03	14:08	14:16	14:22			
7	14:44	14:48	14:51	14:54	15:01	15:11	15:16	15:24	15:30	15:37	15:44	15:48
8	15:58	16:02	16:05	16:08	16:15	16:25	16:30	16:38	16:44	16:51	16:58	17:02
9	17:08	17:12	17:15	17:18	17:25	17:35	17:40	17:48	17:54	18:01	18:08	18:14
10	18:11	18:15	18:18	18:21	18:28	18:38	18:43	18:51	18:57	19:04	19:11	19:17
11	19:41	19:45	19:48	19:51	19:57	20:05	20:10	20:17	20:22	20:28	20:35	20:39

Can be connected to Tour bus, Kaida-Nishino line.  
\*Please check timetable of Kaida-Nishino line at Kaida Shisho bus stop.

In bound	18 Onishi	77 Jindemiya-mae	70 Koshi	68 Kudasawa	58 Kaida Shisho <small>Kiso town office, Kaida branch</small>	51 Kisoumanosato Entrance	41 Onobara	38 Kisofukushima Ski Resort	28 Doai	18 Kurokawado Dam	8 Kanmachi	5 Kisofukushima Station	1 Kiso Byoin Hospital <small>Nagano prefectural Kiso hospital</small>
1		6:25	6:29	6:36	6:43	6:49	6:57	7:02	7:11	7:19	7:22	7:26	7:31
2	6:47	6:50	6:54	7:01	7:08	7:14	7:22	7:27	7:36	7:44	7:47	7:51	7:56
3		8:55	8:59	9:06	9:13	9:19	9:27	9:32	9:41	9:49	9:52	9:56	10:00
4					10:09	10:15	10:23	10:28	10:37	10:45	10:48	10:52	10:56
5					11:27	11:33	11:41	11:46	11:55	12:03	12:06	12:10	12:14
6					12:37	12:43	12:51	12:56	13:05	13:13	13:16	13:20	13:24
7					13:27	13:33	13:41	13:46	13:55	14:03	14:06	14:10	14:14
8					14:27	14:33	14:41	14:46	14:55	15:03	15:06	15:10	15:14
9		15:50	15:54	16:01	16:08	16:14	16:22	16:27	16:36	16:44	16:47	16:51	16:55
10		17:10	17:14	17:21	17:28	17:34	17:42	17:47	17:56	18:04	18:07	18:11	18:15

※Please understand there might be a delay in the service due to road conditions, etc..

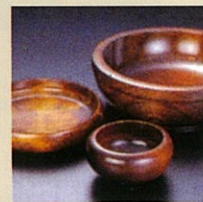
●For enquiries about bus service...**Ontake Kotsu co., Ltd. TEL: 0264-22-2444**

\*Answering in English on the phone may not be possible.

## Traditional Crafts

## Woodworking

Kiso has the benefit of being surrounded by mountains bearing the finest timber in Japan. Kiso-Hi-no-ki (Cypress) is high-quality timber known for its aroma.



Once you take in the smell of hinoki, images of forests and rivers will fill your mind. Crafts that are manufactured using hinoki, resemble everything from household goods, furniture, and tableware. Notably famous around Japan, even the Imperial Household utilizes a bathtub made of hinoki. Hinoki are great for souvenirs!

## Lacquer Ware (Shikki)

All along Nagano's Kiso Valley be sure to stop in one of the many gift, furniture, or lacquer ware shops. The lacquer ware industry of Kiso dates to the



Edo period. The fine craftsmanship of everything from furniture to chopsticks is made from the timber of Kiso - notably the cypress tree (hi-no-ki). The lacquer used is also made from the cypress. An enduring process of coating (shun-kei nuri), you will be awed at the deep colors of lacquer ware. Japanese people from all over the country come to Kiso specifically for the craftsmanship of these items. A very traditional industry located fittingly in the traditional post towns of Kiso.

Main line bus



Kisokoma Kogen line

Fare 200 yen

※ Black: Run everyday. Red: No service on Sat, Sun, and Holidays. On year-end and new year(from December 29 to January 3), run by the timetable of only black.

Out bound	1 Kiso Byoin Hospital <small>Nagano prefectural Kiso hospital</small>	3 A-COOP	5 Kisofukushima Station	7 Honmachi	78 Chugakko Entrance <small>Junior High School Entrance</small>	88 Uedaguchi	95 Kisokoma Entrance	98 Bunka Koen Park Entrance	99 Shinmei	97 Obaraue
1	6:37	6:39	6:41	6:44	6:47	6:49	6:52	6:55	6:57	7:01
2	7:07	7:09	7:11	7:14	7:17	7:19	7:22	7:25	7:27	7:31
3	7:56	7:58	8:00	8:03	8:06	8:08	8:11	8:14	8:16	8:20
4	9:17	9:19	9:21	9:24	9:27	9:29	9:32	9:35	9:37	9:41
5	10:34	10:36	10:38	10:41	10:44	10:46	10:49	10:52	10:54	10:58
6	12:36	12:38	12:40	12:43	12:46	12:48	12:51	12:54	12:56	13:00
7	14:55	14:57	14:59	15:02	15:05	15:07	15:10	15:13	15:15	15:19
8	16:00	16:02	16:04	16:07	16:10	16:12	16:15	16:18	16:20	16:24
9	17:08	17:10	17:12	17:15	17:18	17:20	17:23	17:26	17:28	17:32
10	18:10	18:12	18:14	18:17	18:20	18:22	18:25	18:28	18:30	18:34
11	19:36	19:38	19:40	19:43	19:46	19:48	19:51	19:54	19:56	20:00

In bound	97 Obaraue	99 Shinmei	98 Bunka Koen Park Entrance	95 Kisokoma Entrance	88 Uedaguchi	78 Chugakko Entrance <small>Junior High School Entrance</small>	8 Kanmachi	5 Kisofukushima Station	3 A-COOP	1 Kiso Byoin Hospital <small>Nagano prefectural Kiso hospital</small>
1	7:03	7:06	7:08	7:10	7:13	7:16	7:19	7:23	7:25	7:27
2	7:33	7:36	7:38	7:40	7:43	7:46	7:49	7:53	7:55	7:57
3	8:22	8:25	8:27	8:29	8:32	8:35	8:38	8:42	8:44	8:46
4	9:44	9:47	9:49	9:51	9:54	9:57	10:00	10:04	10:06	10:08
5	11:00	11:03	11:05	11:07	11:10	11:13	11:16	11:20	11:22	11:24
6	13:02	13:05	13:07	13:09	13:12	13:15	13:18	13:22	13:24	13:26
7	15:21	15:24	15:26	15:28	15:31	15:34	15:37	15:41	15:43	15:45
8	16:26	16:29	16:31	16:33	16:36	16:39	16:42	16:46	16:48	16:50
9	17:38	17:41	17:43	17:45	17:48	17:51	17:54	17:58	18:00	18:02
10	18:36	18:39	18:41	18:43	18:46	18:49	18:52	18:56	18:58	19:00

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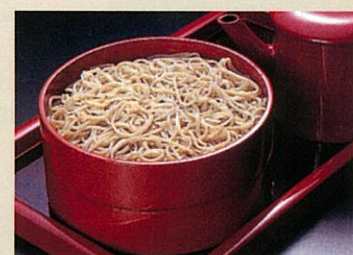
●For enquiries about bus service...**Ontake Kotsu co., Ltd. TEL: 0264-22-2444**

\*Answering in English on the phone may not be possible.

## Local Foods

## Handmade Buckwheat Noodles

Buckwheat noodles ("soba") have a long history in Japan. They are an iconic Japanese food like sushi or tempura. A great deal of time and effort are invested in making high-quality soba, which is also low-calorie. Both local people and visitors enjoy Kiso soba because of its unique flavor and freshness.



## Hobamaki

This well-known sweet has been eaten in early summer since the old days. Dough made from kneaded rice powder is filled with red-bean paste, wrapped in magnolia leaves and steamed. The leaves of the white bark magnolia tree have anti-microbial properties and are large, so they are convenient for being used as plates or for wrapping food.



## Sunki

These chopped, pickled turnip leaves are increasingly rare in Japan and are appreciated for their potential health benefits. The leaves are fermented using only lactobacillus and without salt, giving them a distinctive acidic flavor. Here in Kiso, people use them as a topping on noodles, which are then called "Sunki soba."





# Main line bus **M Mitake/ O Otaki line** Fare 200 yen

※ Black: Run everyday. Red: No service on Sat, Sun, and Holidays. On year-end and new year(from December 29 to January 3), run by the timetable of only black.

Out bound	1 Kiso Byoin Hospital Nagano prefectural Kiso hospital	24 Shinkin	7 Honmachi	18 Kurokawado Dam	5 Kiso fukushima Station	1 Kiso Byoin Hospital Nagano prefectural Kiso hospital	10 Mio	20 Nantennosato Entrance	22 Mitake Michi no Eki	10 Koryu Center	12 Kurosawa satomiya	17 Futagomochi	12 Otaki
①	6:46	6:50	6:53	=====	6:58	7:02	7:10	=====	7:12	7:21	=====	7:27	7:39
②	7:16	7:20	7:23	=====	7:28	7:32	7:40	=====	7:41	7:48	=====	7:54	8:06
③	8:51	8:55	8:58	=====	9:03	9:07	9:15	=====	=====	9:22	=====	9:28	9:40
④	10:20	10:24	10:27	=====	10:32	10:36	10:44	=====	=====	10:51	10:54		
⑤	11:38	11:42	11:45	=====	11:50	11:54	12:02	12:04	12:07	12:14	12:18		
⑥	13:28	13:32	13:35	=====	13:40	13:44	13:52	13:54	13:57	14:04	=====	14:10	14:22
⑦	15:16	15:20	15:23	=====	15:28	15:32	15:40	=====	15:41	15:48	15:52		
⑧	15:48	15:52	15:55	=====	16:00	16:04	16:12	=====	16:13	16:20	=====	16:26	16:38
⑨	16:53	16:57	17:00 17:08	17:03	17:12	17:16	17:24	=====	17:25	17:32	=====	17:38	17:50
⑩	18:03	18:07	18:10	=====	18:15	18:19	18:27	=====	18:28	18:35	=====	18:41	18:53
⑪	19:41	19:45	19:48	=====	19:53	19:57	20:05	=====	20:06	20:13	=====	20:19	20:31

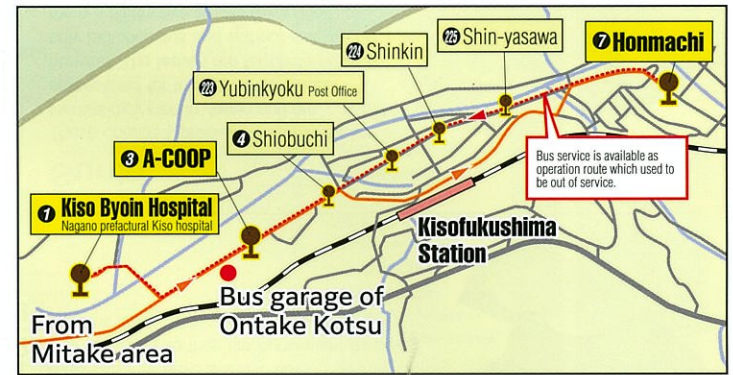
In bound	12 Otaki	17 Futagomochi	12 Kurosawa satomiya	10 Koryu Center	22 Mitake Michi no Eki	10 Mio	20 Nantennosato Entrance	1 Kiso Byoin Hospital Nagano prefectural Kiso hospital	5 Kiso fukushima Station	7 Honmachi	24 Shinkin	3 A-COOP	18 Kurokawado Dam
①	6:50	7:02	=====	7:08	7:17	7:19	=====	7:27	7:31	7:34	7:37	7:39	
②	7:43	7:55	=====	8:01	8:07	8:09	=====	8:17	8:21	8:24	=====	=====	8:27
③	8:12	8:24	=====	8:30	8:36	8:38	=====	8:46	8:50	8:53	8:56	8:58	
④	9:42	9:54	=====	10:00	=====	10:07	=====	10:15	10:19	10:22	10:25	10:27	
⑤			10:57	11:00	=====	11:07	=====	11:15	11:19	11:22	11:25	11:27	
⑥			12:26	12:30	12:36	12:38	12:40	12:49	12:53	12:56	12:59	13:01	
⑦	14:30	14:42	=====	14:48	14:54	14:56	14:58	15:07	15:11	15:14	15:17	15:19	
⑧			15:56	16:00	16:06	16:08	=====	16:16	16:20	16:23	16:26	16:28	
⑨	16:42	16:54	=====	17:00	17:06	17:08	=====	17:16	17:20	17:23	17:26	17:28	
⑩	17:57	18:09	=====	18:15	18:21	18:23	=====	18:31	18:35	18:38	18:41	18:43	

◆=The bus stops at the Honmachi twice before and after the return to Kurokawado Dam. If you are traveling in the direction of Mitake Otaki, please use 17:08 departure. However, please note that the stop at 17:08 will be the bus stop on the side toward the station (Taguchiya-mae).

※Please understand there might be a delay in the service due to road conditions, etc..

●For enquiries about bus service...**Ontake Kotsu co., Ltd. TEL: 0264-22-2444**  
\*Answering in English on the phone may not be possible.

## About the extension of the service route



Operation route from Honmachi to A-COOP is available, which is convenient for going to Aeon Mall(Shopping center), Shinkin(bank), post office, etc.

## Hot Springs

There are a lot of hot springs in the Kiso valley area. Particularly we recommend one-day bathing facilities as you can enjoy a hot spring easily. In addition, the free footbath facilities can refresh your legs which were tired from walking.

## Day trip to spa Sesaragi No Toki

(closed on Wednesdays)  
Access by bus from the station : Get off the Urushigadaira bus stop on Kaidakogen Line. ▶6P



## Public Foot Bath at Kiso River Waterfront Park

It is a free hot spring footbath facility, and available to all. Soak up your feet and enjoy a relaxing moment with the view. ▶9P



# Tour local bus **R Ontake Ropeway line** Fare

All-access pass 2,500yen (Valid for 2days, Stopovers are possible)  
One way 1,500yen

## Mountain season in summer

Refer to the calendar.

Run on Sat, Sun, Holidays: from June 25 to July 3. Run everyday: from July 9 to August 28.  
☆ means it operates only on Saturdays, Sundays, Holidays.

Out bound	5 Kisofukushima Station	10 Kuro sawa	7 Seki machi	25 Furusato Taikenkan	38 Kisofukushima Ski Resort	57 Kisoumanosato Entrance	50 Kaida Shisho	31 Kiso Onsen	40 Rokugome nakanoyu	10 Ontake Ropeway	10 Rokugome nakanoyu	Remarks
①	8:40	8:56	—	—	—	—	—	—	—	9:36	9:50	Via Akaiwasu/Nakanoyu
②	10:40	10:56	—	—	—	—	—	—	11:31	11:46	—	Via Akaiwasu/Nakanoyu
③	13:50	—	13:55	14:06	14:13	14:18	14:23	14:39	—	14:56	—	Via Kiso Onsen-Kaida
④	☆14:45	—	☆14:50	☆15:01	☆15:08	☆15:13	☆15:18	☆15:34	—	☆15:51	☆16:02	Via Kiso Onsen-Kaida
In bound	10 Rokugome nakanoyu	10 Ontake Ropeway	10 Rokugome nakanoyu	10 Kiso Onsen	50 Kaida Shisho	57 Kisoumanosato Entrance	38 Kisofukushima Ski Resort	26 Furusato Taikenkan	10 Ihara Entrance	10 Kuro sawa	5 Kisofukushima Station	Remarks
①	10:00	10:10	—	10:27	10:44	10:50	10:55	11:03	—	—	11:20	Via Kiso Onsen-Kaida
②	—	11:55	12:05	—	—	—	—	—	—	12:39	12:58	Via Akaiwasu/Nakanoyu
③	—	15:10	15:20	—	—	—	—	—	—	15:54	16:13	Via Akaiwasu/Nakanoyu
④	☆16:45	☆16:55	—	☆17:12	—	—	—	—	☆17:19	☆17:31	☆17:48	Via Kiso Onsen

## Autumn

Refer to the calendar.

Run on Sat, Sun, Holidays: from October 15 to November 6. Run everyday: from August 29 to October 10.

Out bound	5 Kisofukushima Station	10 Kuro sawa	10 Ihara Entrance	25 Furusato Taikenkan	38 Kisofukushima Ski Resort	57 Kisoumanosato Entrance	50 Kaida Shisho	31 Kiso Onsen	40 Rokugome nakanoyu	Remarks
①	8:40	8:57	9:08	—	—	—	—	9:15	9:32	Via Kiso Onsen
②	10:40	10:57	11:08	—	—	—	—	11:15	11:32	Via Kiso Onsen
③	13:50	—	—	14:06	14:13	14:18	14:23	14:39	14:56	Via Kiso Onsen-Kaida
In bound	10 Rokugome nakanoyu	10 Kiso Onsen	50 Kaida Shisho	57 Kisoumanosato Entrance	38 Kisofukushima Ski Resort	25 Furusato Taikenkan	10 Ihara Entrance	10 Kuro sawa	5 Kisofukushima Station	Remarks
①	11:45	12:02	12:19	12:25	12:38	12:46	—	—	13:03	Via Kiso Onsen-Kaida
②	13:15	13:32	—	—	—	—	13:39	13:51	14:08	Via Kiso Onsen
③	16:20	16:37	—	—	—	—	16:44	16:56	17:13	Via Kiso Onsen

You can drop by the Kaida Kogen on the way down the mountain, or go up for the ropeway after having lunch at the Kaida Kogen. Please take it according to your plan.

※Please understand there might be a delay in the service due to road conditions, etc..

●For enquiries about ropeway...**Ontake Ropeway Mitake 1, Kiso Town, Kiso-gun, Nagano Prefecture 397-0101, Japan TEL: 0263-46-2525**  
\*Answering in English on the phone may not be possible.

## [Service days calendar]

○ are service days of Autumn.  
○ are service days of Mountain season in summer.  
□ Four lines operate.

There are days when there is no bus service even on the operation day of the ropeway. Please refer to the bus calendar.

## June

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## August

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## October

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## November

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



# Tour bus Fukushima line Fare 100 yen

※ Black: Run everyday. Red: No service on Sat, Sun, and Holidays. On year-end and new year(from December 29 to January 3), run by the timetable of only black.

	5	7	11	13	15	16	18	20	22	24	26	28	30	32
	Kisofukushima Station	Honmachi	Kozenji Temple	Kurokawado Dam	Chomin Taiikukan Kiso Town Gymnasium	Yokote	Sumo-jo	Kisofukushima Station	Yakuba Honcho Kiso Town Office	Yubinkyoku Post Office	A-COOP	Kiso Byoin Hospital Nagano prefectural Kiso hospital		
1	8:00	8:03	8:05	8:10	8:12	8:14	8:20	8:34	8:35	8:47	8:49	8:50		

	1	3	5	7	9	11	13	15	17	19	21	23	25	27
	Kiso Byoin Hospital Nagano prefectural Kiso hospital	A-COOP	Yubinkyoku Post Office	Honmachi	Kozenji Temple	Kurokawado Dam	Yokote	Sumo-jo	Kisofukushima Station	Yakuba Honcho Kiso Town Office	Yubinkyoku Post Office	A-COOP	Kiso Byoin Hospital Nagano prefectural Kiso hospital	
2	9:00	9:02	9:04	9:07	9:09	9:14	9:16	9:22	9:36	9:37	9:49	9:51	9:52	
3	10:00	10:02	10:04	10:07	10:09	10:14	10:16	10:22	10:36	10:37	10:49	10:51	10:52	
4	11:30	11:32	11:34	11:37	11:39	11:44	11:46	11:52	12:06	12:07	12:19	12:21	12:22	
5	13:00	13:02	13:04	13:07	13:09	13:14	13:16	13:22	13:36	13:37	13:49	13:51	13:52	
6	14:30	14:32	14:34	14:37	14:39	14:44	14:46	14:52	15:06	15:07	15:19	15:21	15:22	

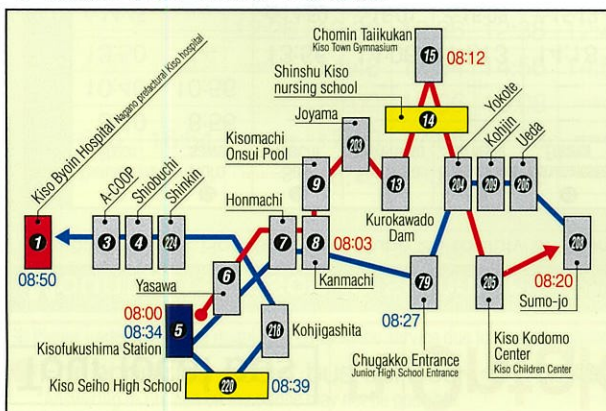
  

	1	3	5	7	9	11	13	15	17	19	21	23	25	27
	Kiso Byoin Hospital Nagano prefectural Kiso hospital	A-COOP	Yubinkyoku Post Office	Kisofukushima Station	Yakuba Honcho Kiso Town Office	Sumo-jo	Yokote	Chomin Taiikukan Kiso Town Gymnasium	Kurokawado Dam	Kozenji Temple	Kisofukushima Station	A-COOP	Kiso Byoin Hospital Nagano prefectural Kiso hospital	
7	15:35	15:37	15:39	15:43	15:44	16:06	16:11	16:14	16:16	16:22	16:27	16:29	16:30	
8	16:50	16:52	16:54	16:58	16:59	17:21	17:26	17:29	17:31	17:37	17:42			

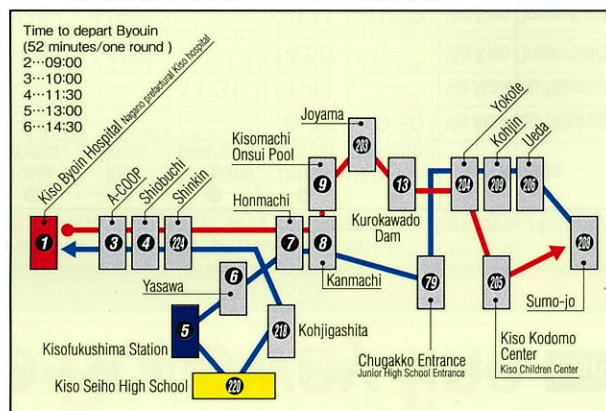
※Please understand there might be a delay in the service due to road conditions, etc..

●For enquiries about bus service...Ontake Taxi co., Ltd. TEL: 0264-22-2525 \*Answering in English on the phone may not be possible.

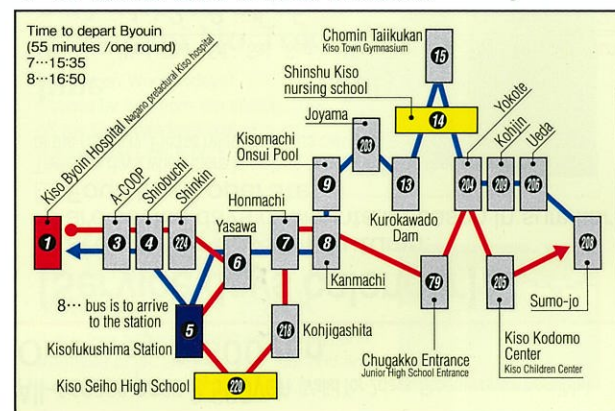
## 1 bus service route



## 2~6 bus service route



## 7-8 bus service route



## Chuo Expressway highway bus Kisofukushima/Shinjuku line

Ontake Kotsu co., Ltd. Service route  
Chuo Expressway highway bus Kisofukushima/Shinjuku line

Reservation required  
O...Ontake Kotsu bus Ontake Kotsu bus Express highway reservation center TEL.0264-22-4555(7:15 - 18:00)  
K...Keio bus Keio Express highway bus reservation center TEL.03-5376-2222(9:00 - 20:00)  
Kiso-Fukushima Station to & from Shinjuku Expressway Bus Terminal[Fare 4,800yen]  
● Internet <https://www.highwaybus.com>

Kisofukushima Station ⇒ Shinjuku Station South Exit (Busta Shinjuku)													
Boarding bus stop							Alighting bus stop						
Kisofuku shima Station	Fukushima sekisho	Hiyoshi Kisokoma Kogen	Yabu hara	Naraijuku	Urushinosato Hirasawa	Shiojiri Station East Entrance	Hachioji	Hino	Fuchu	Shindaiji	Mitaka	Shinjuku Station South Exit (Busta Shinjuku)	
O 7:50	7:53	7:59	8:11	8:18	8:23	8:50	11:23	11:32	11:39	11:43	11:45	12:05	
K 15:40	15:43	15:49	16:01	16:08	16:13	16:50	19:23	19:32	19:39	19:43	19:45	20:05	

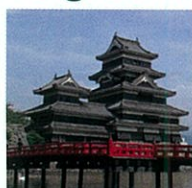
Buses take rest at Suwako Service Area and Shakado Rest Area each for 10 minutes.

Shinjuku Station South Exit (Busta Shinjuku) ⇒ Kisofukushima Station													
Boarding bus stop							Alighting bus stop						
Shinjuku Station South Exit (Busta Shinjuku)	Mitaka	Shindaiji	Fuchu	Hino	Hachioji	Shiojiri Station East Entrance	Urushinosato Hirasawa	Naraijuku	Yabu hara	Hiyoshi Kisokoma Kogen	Fukushima sekisho	Kisofuku shima Station	
K 7:45	8:05	8:07	8:11	8:18	8:27	11:07	11:35	11:40	11:47	12:00	12:06	12:10	
O 17:35	17:55	17:57	18:01	18:08	18:17	20:50	21:17	21:22	21:29	21:41	21:47	21:50	

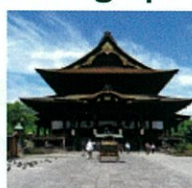
○Keio Bus Buses take rest at Shakado Rest Area and Suwako Service Area each for 10 minutes.  
○Ontake Kotsu...Buses take rest at Futaba Service Area for 20 minutes.

※Please understand there might be a delay in the service due to road conditions, etc..

## Neighboring sightseeing spots



Matsumoto Castle



Zenkoji Temple



Kamikochi

Matsumoto Castle is a National Treasure as the oldest extant five-story castle in Japan. It is about 40mins by train from Kisofukushima.

Zenkoji is a noble temple founded approximately 1,400 years ago. It collected faith from all over Japan. It is 90mins by train from Kisofukushima.

Kamikochi is a famous beautiful spot among the mountains of the Northern Alps. It is 150mins by train & bus from Kisofukushima.

## JR Kisofukushima Station Timetable

Down (For Shiojiri, Nagano, Matsumoto)				Up (For Nagoya, Nakatsugawa)			
	Terminal station	Arrival	Departure		Terminal station	Arrival	Departure
Local train	Matsumoto	6:07	6:08	Local train	Nakatsugawa	The first train	6:22
Local train	Matsumoto	7:04	7:06	Local train	Nakatsugawa	7:35	7:36
Local train	Matsumoto	7:42	7:44	Shinano	Nagoya	7:42	7:43
Shinano	Nagano	8:28	8:29	Local train	Nakatsugawa	9:01	9:05
Local train	Matsumoto	8:54	8:56	Shinano	Nagoya	9:16	9:16
Shinano	Nagano	9:25	9:26	Shinano	Nagoya	10:30	10:30
Shinano	Nagano	10:25	10:26	Shinano	Nagoya	11:30	11:30
Local train	Matsumoto	11:02	11:04	Local train	Nakatsugawa	11:47	11:48
Shinano	Nagano	11:24	11:25	Shinano	Nagoya	12:30	12:30
Shinano	Nagano	12:24	12:25	Shinano	Nagoya	13:30	13:30
Local train	Matsumoto	13:02	13:04	Local train	Nakatsugawa	13:53	14:00
Shinano	Nagano	13:24	13:25	Shinano	Nagoya	14:33	14:33
Shinano	Nagano	14:24	14:25	Local train	Nakatsugawa	14:43	The last train
Shinano	Nagano	15:24	15:25	Shinano	Nagoya	15:30	15:31
Local train	Matsumoto	15:32	15:35	Local train	Nakatsugawa	15:57	16:00
Shinano	Matsumoto	16:25	16:25	Shinano	Nagoya	16:30	16:31
Local train	Matsumoto	16:33	16:34	Local train	Nakatsugawa	17:07	17:08
Shinano	Nagano	17:24	17:25	Shinano	Nagoya	17:30	17:31
Local train	Matsumoto	18:04	18:05	Local train	Nakatsugawa	17:50	17:51
Shinano	Nagano	19:07	19:07	Shinano	Nagoya	18:30	18:30
Local train	Matsumoto	19:13	19:14	Local train	Nakatsugawa	19:35	19:37
Shinano	Nagano	20:05	20:07	Shinano	Nagoya	19:48	19:48
Local train	Shiojiri	20:58	21:01	Local train	Agematsu	20:29	20:30
Shinano	Nagano	21:09	21:10	Shinano	Nagoya	21:10	21:11
Local train	Matsumoto	22:28	22:29	Local train	Nakatsugawa	22:35	22:36
				Local train	Nakatsugawa	23:31	The last train

※Red letters: Limited Express ※Please ask JR Tokai Telephone Center about operation of season trains.



# Fare table

## Normal fare

Type	Route type	Fare
Main bus	Kaida Kogen line, Kisokoma Kogen line, Mitake/Otaki line	200 yen/once
Tour bus	Fukushima line	100 yen/once
Tour local bus	Ontake Ropeway line(Starting station ⇄ Terminal station)	1,500 yen / one way

※ Half fare for a schoolchild, person with disability notebook and the attendant(only 1 person).

Free for preschool children. Adult fare for junior high school students or more.

※ Please see below for more detail about Ontake Ropeway line.

## All-access pass (Unlimited-ride ticket)

※ Please buy this 2days-ticket when you take ropeway-line round trip.

Ticket type	Fare	Validity period	Contents	Note
200 yen-zone ticket	500yen	1day (Valid for the date of issue)	Valid only for 200 yen-zone area of the route map, page4	Elementary school student : Fare is half price.
Ticket for whole area	2,500yen	2days (Valid for the date of issue and the next day)	Valid for whole area including ropeway-line	

## How to pay the fare

- Please put the fare to the fare box when you get off the bus.
- Please prepare coins so that the change is not necessary.
- The coupon of the 100 yen or 50 yen ticket is available, too.
- If you have a welfare commuter ticket(such as one for elderly people) or a general commuter ticket, please show it to a driver when you get off.
- Please understand that you cannot buy the coupon tickets in the bus.

## How to transit

- In the following cases, transit discount fare is applied. It is not necessary to pay a fare after transferring buses.  
① "Main line bus" and "tour bus" ② "main line bus" and "share taxi" ③ "tour bus" and "share taxi"
- Please pay "the transit fare" when you get off the first bus, and receive "a transit ticket" from the driver. And when you get off the next bus, please pass the transit ticket to the driver.
- In the case of the transit of "main line bus" and "main line bus", or "main line bus" and "Fukushima tour bus", you have to pay on each ride.

## Note at the time of the ride

- You can get on and off freely at the safe place, not on a main road. On the occasion, please make the sign so that a driver understands easily, for example, by putting up a hand.
- You cannot get on and off freely for road safety on the main road such as a national road or a prefectural road.
- It may be necessary for the bus to stop suddenly to prevent an accident. Please cooperate for preventing car accident.
- Please understand that the route change such as road construction etc. may occur.
- Please understand that the arrival time to the bus stop may be delayed out of necessity to ensure customer's safety by road circumstances.

## Contact details about Kiso town-run bus/related organizations:

### About timetable:

Ticket office of Kisofukushima Station-mae TEL:0264-22-4555  
Ontake Kotsu co., Ltd. TEL:0264-22-2444

### For enquiries about system improvement, a request, or general inquiry:

Kiso town Office Environmental Water Supply Division TEL:0264-22-3320

### About tourism information:

Kiso town Tourism Association TEL:0264-25-6000  
Kaida Kogen Tourism Office TEL:0264-42-3350

### For enquiries about JR service:

About JR Tokai telephone center TEL:050-3772-3910

We hope that Kiso Town life transportation system becomes more easy and convenient to use for the residents. If there are any opinions or requests, please contact to the followings:

**Kiso Town Office Environmental Water Supply Division**

**TEL 0264-22-3320**  
\*Answering in English on the phone may not be possible.

Issue

**Kiso Town Office Environmental Water Supply Division Kiso Town Area Public Transport Council**

URL <http://www.town-kiso.com/> E-mail [info@town-kiso.net](mailto:info@town-kiso.net) TEL.0264-22-3000(Main)/0264-22-3320(Direct) FAX.0264-24-3602